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Randall D. Gaz, MD
Endocrine Surgery

August 25, 2012

Healthcare Statement
RE: Willard Mitt Romney
Date of birth: 3/12/47

The purpose of this letter is to briefly summarize the medical evaluations, past medical history, and current state of medical health of Willard Mitt Romney. I practice at the Massachusetts General Hospital in Boston, Massachusetts. I have been the personal physician for Willard Mitt Romney from June 1989 until the present. I have kept his personal medical records and testing results, and have performed regularly physical examinations.

His past medical history is notable for a concussion and fractures in a motor vehicle accident in 1968. He fractured the left distal radius. He is allergic to penicillin. He takes low dose aspirin 81 mg. daily and Lipitor 10 mg. daily but no other medications on a regular basis currently. He has undergone 1965 appendectomy, 1985 back lipoma excision, and 1987 right hand injury laceration suture repair. He totally abstains from drinking any alcoholic beverages, and does not use any tobacco products or illicit drugs. He eats a high fiber diet with abundant fruits and vegetables and minimizes intake of high cholesterol foods and concentrated sweets.

His current medical issues include hyperlipidemia with a stable mild triglyceride elevation at 179 and normal cholesterol of 169, minimally symptomatic benign prostatic hypertrophy, and sinus bradycardia without palpitations, syncope, chest pain, or shortness of breath. He has not had asthma, hemoptysis, hypothyroidism, hyperthyroidism, diabetes, hypertension, coronary artery disease, heart murmur, hepatitis, jaundice, ulcer disease, pancreatitis, GI bleeding, HIV, cancer, claudication, epilepsy, seizures, stroke or transient ischemic attacks.

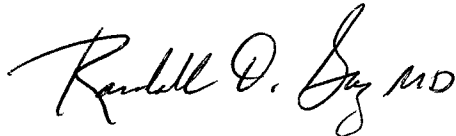
His routine health maintenance evaluation includes normal colonoscopy, normal PSA blood testing and prostate urological examination. He has undergone extensive prior cardiac evaluation including EKG showing sinus bradycardia, normal CXR, Holter monitoring, cardiac stress testing showing no ischemic changes with intensive exercise, and totally normal echocardiogram. His slow, resting, regular heart rate in the 40's is most likely related to his past intensive exercise with regular running.

His family history is notable for cardiac arrhythmias, heart attack, and prostate cancer. In light of these familial tendencies he will continue to have close observation of the prostate with serial PSA testing and urologic examination. He knows that he should

notify his physicians of any cardiac symptoms such as light-headedness, frequent palpitations, shortness of breath or chest discomfort. He will undergo regular lipid blood testing and regular cardiac evaluation with monitoring of his EKG and heart rhythm.

His most recent physical examination on 8/9/12 revealed a healthy appearing, energetic, strong, physically fit male. He appears years younger than his age. His vital signs included a TEMP 98.4 orally, HR resting 40 rising to 107 with stress, BP 130/80, height 6'1.5", and weight 184 lbs. Cardiac exam disclosed a regular slow rhythm, no murmur or ectopy, and no signs of cardiomegaly. The remainder of the exam was normal and unremarkable.

He has shown the ability to be engaged in multiple, varied, simultaneous activities requiring complex mental, social, emotional, and leadership skills. He is a vigorous man who takes excellent care of his personal physical health. He has reserves of strength, energy, and stamina that provide him with the ability to meet unexpected demands. There are no physical impairments that should interfere with his rigorous and demanding political career as the next President of the United States.

A handwritten signature in black ink, reading "Randall D. Gaz, M.D." in a cursive script.

Randall D. Gaz, M.D.
Massachusetts General Hospital
Suite 460
15 Parkman Street
Boston, MA 02114

THE ATTENDING PHYSICIAN
CONGRESS OF THE UNITED STATES
H-166, U.S. CAPITOL
WASHINGTON, DC 20515-9086

BRIAN P. MONAHAN, MD, MACP

September 7, 2012

Timothy E. Kronquist
Davis Kuelthau Attorneys at Law
111 E. Kilbourn Avenue
Suite 1400
Milwaukee, WI 53202-6613

Re: The Honorable Paul Ryan

Dear Mr. Kronquist:


The enclosed medical summary is provided to you as per the request of Congressman Ryan.

Should you have any questions or require additional information, please contact this office at 202-225-5421.

Sincerely,

A handwritten signature in blue ink that reads "BP Monahan MD". The signature is stylized with a large "B" and "M".

Brian P. Monahan, MD, MACP

BPM:rar
Encl. 

THE ATTENDING PHYSICIAN
CONGRESS OF THE UNITED STATES
H-166, U.S. CAPITOL
WASHINGTON, DC 20515-9086

BRIAN P. MONAHAN, MD, MACP

September 7, 2012

The Honorable Paul Ryan
U.S. House of Representatives
1233 Longworth HOB
Washington, DC 20515

Re: Medical Information

Dear Congressman Ryan:

The enclosed medical summary regarding your general health is provided to you as per your request.

Your overall health is excellent. You have practiced important preventive lifestyle choices to include regular vigorous aerobic and strength-building exercises, a heart healthy diet, smoking abstinence, and infrequent alcohol use.

You have a previously established diagnosis of airway hypersensitivity occasionally treated with an as needed albuterol inhaler, as well as a history of a herniated disc L5-S1 and a right knee medial meniscus injury. Your paternal family history is significant for early onset (late fifties) of coronary artery disease.

You have undergone annual physical examinations and health maintenance at my office since being elected to Congress at the age of 28. Your most recent examination of December 14, 2011 revealed well controlled blood pressure (121/62), heart rate (59 bpm), and weight (163lbs / 74in / BMI of 20.9 kg/m²). Furthermore, your electrocardiogram (EKG), pulmonary function test (PFT), and comprehensive laboratory assessments were normal. Specifically, your total cholesterol was 184mg/dl, high density lipoprotein (HDL) 71mg/dl, low density lipoprotein (LDL) 96mg/dl, and triglycerides were 86mg/dl.

In conclusion, I consider your overall health to be excellent.

Sincerely,



Brian P. Monahan, MD, MACP

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